



# VELOCITY MENU

Vegetarian food for everyone

## Eggs Please

**Eggs on toast (vgo) ..... 9.95**

Poached / scrambled / fried / scrambled tofu on buttered sourdough

**Marinara eggs ..... 11.95**

House marinara, parmesan, whipped mascarpone, crispy quinoa, balsamic glaze, basil oil, sourdough toast

**Pulled mushroom benedict (GF) ..... 11.95**

Pulled chipotle oyster mushrooms, poached eggs, saffron hollandaise, honey halloumi, spinach, crispy sesame chickpeas, seed mix

**Brunch okonomiyaki (GF + vgo) ..... 11.95**

Crispy vegetable and kimchi pancake, fried eggs, grilled spring onion, sriracha, pickled ginger, sesame

**Smoked broccoli pesto eggs ..... 11.95**

Fried eggs, mascarpone, crispy kale, parmesan, spinach, toasted seeds, sourdough

**Persian eggs ..... 11.95**

Poached eggs in borani esfenaj, pickled shallots, basil oil, lemon and tarragon, served with sourdough toast

## SOUP

(GF + vgn) ..... 4.95

Housemade daily, available on the board  
Served with sourdough bread or vegan scone (+ £2.00) & vegan butter

## The Classics

**House granola (vgn) ..... 5.95**

House granola, house berry preserve, vegan yoghurt, fresh berries, seed mix, syrup

**Avocado toast (GFo + vgo) ..... 9.95**

Smashed avocado, sundried tomato, feta, basil, lime and chilli oil, balsamic glaze, seed mix, sourdough toast

**Cooked breakfast (vgo) ..... 12.95**

House confit garlic & rosemary hash brown, house smoky beans, house haggis, black pudding, garlic and spinach mushrooms, roasted tomato, egg or tofu, sourdough toast

**GF cooked breakfast (vgo) ..... 12.95**

Smashed avocado, halloumi, house confit garlic & rosemary hash brown, house smoky beans, roasted tomato, garlic and spinach mushrooms, egg or tofu, gluten free toast

## Breakfast Feast ..... 11.95

**Katsu tofu bowl (vgo)**

Panko tofu, roasted squash, fried egg, mixed leaves, quinoa, chickpeas, kimchi, pickled ginger, sesame & coriander, house katsu

**Field mushrooms on toast (GFo + vgo)**

Seasonal mushrooms, mascarpone, crispy quinoa, roasted kale & basil oil on sourdough (add eggs/tofu + £2.00)

**Kimchi french toast**

Bread soaked in eggs flavoured with gochugaru, soy and miso, served with coriander panko crumb, housemade kimchi, grilled spring onions, chilli oil and sriracha

PLEASE INFORM US OF ANY ALLERGY OR DIETARY REQUIREMENTS PRIOR TO ORDERING

**GF** = Gluten Free  
**vgn** = vegan

**GFo** = Gluten Free option available  
**vgo** = vegan option available

## Soup Combo ..... 13.50

Your choice of bagel/wrap/bun served with the soup of the day

## Bagels ..... 10.95

OUR BAGELS ARE MADE IN HOUSE WITH LOVE

SERVED WITH A HOUSE SALAD & CRISPS

### Squash & pesto bagel (GFo + vgo)

Roasted squash, house smoked broccoli pesto (*nut free*), feta, tarragon, house onion chutney, mixed leaves, balsamic glaze

### Pizza bagel (GFo + vgo)

Beef tomato, marinara, mozzarella, parmesan, black olive tapenade, basil

### Halloumi bagel (GFo + vgo)

Honey halloumi, spinach, pickled shallots, mixed leaves, jalapeño, lemon yoghurt, cumin & garlic

## Weekly Special

Available on the board

## Sweet Tooth

### Crumble pancakes (vgn) ..... 11.95

Cinnamon swirl pancakes, apple, pear & ginger compote, oat cardamom crumble, dried apple, salted caramel, seed mix

### Classic pancakes (vgn) ..... 11.95

Berry preserve, chocolate chips, fresh berries, icing sugar, syrup, seed mix

### Hong Kong style french toast ..... 11.95

Bread soaked in eggs and condensed milk, house berry compote, peanut butter whipped mascarpone, crushed peanuts, blueberries, peanut brittle

### Frozen coconut milk parfait (vgn) ..... 7.95

Blueberry jam, crushed granola, honey, fresh blueberries, peanut butter mascarpone

CHECK OUT OUR DAILY CAKE SELECTION AT THE COUNTER

## Buns & Wraps ..... 9.95

SERVED WITH A HOUSE SALAD

### Katsu tofu bun (vgo)

Marinated panko tofu, house katsu, kimchi, pickled ginger, mixed leaves, sriracha

### Halloumi bun

Mint, chilli & tahini aubergine, honey halloumi, pickled shallots, spinach, fried egg, garlic aioli

### Breakfast burrito (vgo)

Mint, chilli & tahini aubergine, grilled halloumi, house beans, egg, crispy kale, smashed avocado, jalapeño, sriracha

### Tofu palak paneer wrap (vgo)

Tofu paneer in spiced spinach gravy, pickled shallot, mixed leaves, feta, lemon yoghurt, jalapeño, crispy kale

## House Salad (GF + vgn)

Small..... 4.95      Large..... 9.95

Quinoa, roasted chickpeas, roasted spiced squash, sundried tomato, kale, red onion, apple, lemon yoghurt

## Extras

- Eggs // Beans // Toast // Garlic Mushrooms ..... 2.00
- Hash Brown // Tahini Aubergine // Kimchi ..... 2.50
- Black Pudding // Haggis // Scrambled Tofu ..... 2.50
- Avocado // Halloumi // Chipotle Oyster Mushrooms ..... 3.00



# DRINKS MENU

## Hot Drinks

Double Espresso .....	2.65
Long Black .....	2.75
Americano .....	2.85
Cortado .....	2.90
Flat White .....	3.00
Latte .....	3.25
Cappuccino .....	3.25
Mocha .....	3.75
Dirty Chai .....	3.75
Chai Latte .....	3.40
Hot Chocolate .....	3.50

## Organic Teas

Breakfast Tea .....	2.50
Decaf Tea .....	2.85
Earl Grey .....	2.85
Green Tea .....	2.85
Indian Chai .....	2.95
Wild Berry .....	2.95

## Herbal Teas

Chamomile .....	2.95
Peppermint .....	2.95
Lemon & Ginger .....	2.95
Nettle .....	2.95
Fennel .....	2.95
Red Bush .....	2.95

## Cold Drinks

<b>Fruit Juice</b> .....	2.75
Apple	
Orange	
<b>Whole Earth</b> .....	2.75
Sparkling Ginger	
Sparkling Elderflower	
Lemonade	
<b>Cawston Press</b> .....	2.75
Sparkling Rhubarb & Apple	
<b>Gut Feelings Kombucha</b> .....	2.95
Seasonal flavours	
Ask your server for our available options	
<b>Can'O Water</b> .....	2.25
Sparkling	
Still	
<b>Iced Coffee</b> .....	3.50
Americano / Flat White / Latte	
Mocha / Dirty Chai / Chai Latte	+0.25

★ Extra shot .....	0.50
★ Syrup .....	0.35
- Caramel	- Hazelnut
- Vanilla	- Cinnamon
★ <i>Decaf, oat milk and soya milk are available at no extra charge :)</i>	

A number of our delicious ingredients are locally sourced, supporting amazing businesses around Inverness.

Organic free-range eggs: **Highland Eggs**  
Findhorn brewed Kombucha: **Gut Feelings**

Tasty micro-leaves: **Rising Roots**  
Bread and croissants: **The Bakery**

Had a nice time? Please leave ★★★★★ on Google

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